

Script for Alpha-Stim AID Device

1. Let's see what's included in the package:

The device, the earpieces and connecting wires, 256 ear-clip pads (which need to be changed once every week), batteries for the device, and a specific saline solution.

2. Connect the device to the earpieces by plugging the connecting wires into the device.

3. Then we have the ear clips.

Open the clip and place the ear-clip pads on both inner sides of the ear clip. Once the pads are placed, moisten each one with **2–3 drops** of the saline solution. Repeat this step for both ear clips.

TIP: Before placing the ear clips on the patient's earlobes, make sure **all earrings** in or near the area where the clips will be placed are **removed** and the area is **cleaned** with some antiseptic gel.

4. The patient must be seated during the stimulation session.

TIP: It's better to first **activate the device** before placing the ear clips, as the timer will pause if there's no contact with the earlobe.

5. Then, place the ear clips on the earlobes.

6. Now grab the controller and press the power button continuously until numbers appear on the screen.

7. The first thing that appears on the screen is the time.

Once the ear clips are placed on the ears and the controller is turned on, the countdown for the stimulation will begin.

TIP: If the ear clips are properly placed on the earlobes **and** the time is **not** running as expected, add another drop of saline solution to each ear-clip pad.

8. You can choose between different stimulation times by pressing the button with the clock icon.

The three available options are:

- 20 minutes
- 40 minutes
- 60 minutes

Select the time based on the **neuromodulation protocol designed for the patient**.

9. The buttons with arrows pointing up and down allow you to set the stimulation intensity.

- Pressing the **up arrow** increases intensity.
- Pressing the **down arrow** decreases intensity.

You should increase the intensity **until the patient feels a light dizziness**, like being on a roller coaster.

Once the patient reports this sensation, **lower the intensity** until the feeling is no longer present.

The patient might still feel a bit dizzy for a few minutes **after** the intensity is reduced. This is **completely normal** and expected.

During the session, the patient remains seated and can perform **cognitive, attention, or emotional exercises**.

10. How will I know that the stimulation session is running smoothly and there is proper contact with the earlobe?

If the **timer is running** on the device and **not paused**, everything is working fine.

11. If, for any reason, the patient moves suddenly and the ear clip detaches from the earlobe,

the **timer will pause immediately**.

Once the clip is placed back on the ear, the session will **resume from where it was paused**.

12. When the session is over, the device will automatically switch off.

Remove the ear clips, disconnect the connecting wires from the device, and place everything back in the box.

13. How do I know when the device needs new batteries?

There are two ways to tell:

- First, the **battery icon** at the top of the screen will show when the battery is low.
- Second, if the numbers on the screen are **fading or no longer visible**, it's time to replace the batteries.